Supporting SRTS Policies at the local school level

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Overview

• **Who** can support SRTS policies?

• **Where** in the school environment can SRTS policies be supported?

• **How** can SRTS policies be supported?

• **What** types of activities/efforts can support SRTS policies?
Who can support SRTS Policies?

- Coordinated School Wellness Committee
- School Site Council
- Local Control and Accountability Plan (LCAP) Committee
- PTC/PTO/PTA and other organized school parent groups
Where in the school environment can SRTS policies be supported?

Local school wellness policy

XYZ school supports events that encourage students to engage in active transportation to and from school and that promote active, healthy lifestyle for the community at large. Events may include: Walk to School Days, Bike to School Days and Walk-a-Thons.

Student/Parent Handbook

Bikes may be ridden to school by 3rd through 6th grades and parked in the assigned bike racks. By law, all children riding a bike are required to wear a bike helmet. Bikes are not to be ridden on the sidewalks around the school at any time.
Where in the school environment can SRTS policies be supported?

- School website – dedicated webpage
- Transportation agreements with school buses
- School drop-off/pick-up areas
- Signage
How can SRTS Policies be supported?

- Walk to School Day: October 7, 2015
- Bike to School Day: May 6, 2015

www.walkbiketoschool.org
How can SRTS Policies be supported?

• Conduct a Walkability Assessment or Walk Audit
How can SRTS Policies be supported?

- Safe Route Maps distributed to parents/students
How can SRTS Policies be supported?

- Crossing Guards
- Student and Parent Travel Surveys
How can SRTS Policies be supported?

Partnerships

• Health Departments
  – Injury Prevention
  – Physical Activity
  – Nutrition

• Parents & Parent-Teacher Associations

• School Nurses

• Traffic Officers

• Fire Departments

• Traffic Engineers

• Walking & Bicycle advocates

• Land Use Planners

• Department of Education
  – School Health
  – School Safety

• Elected Officials

• Parks and Recreation

• Local Businesses
What activities can SRTS Policies support?

Walking School Bus

Bicycle Train
What activities can SRTS Policies support?

- Walking Wednesdays/Fire Up Your Feet Fridays
- Competitions (student, class, etc.)
- Remote Drop-Off
Resources

1. CA Walk to School Headquarters
   www.caactivecommunities.org/w2s/

2. Walk to School Day
   www.walkbiketoschool.org

3. National Center for Safe Routes to School
   www.saferoutesinfo.org
California Safe Routes to School
Technical Assistance Resource Center (TARC)
www.casaferoutestoschool.org
(916) 552-9874

• Tool Kits:
  • Rural
  • Tribal
  • Addressing CA Low-Income and Underserved Communities
  • Engaging CA School Principals

• CA Pedestrian and Bicycle Safety Curriculum

• CA SRTS Youth Engagement Curriculum
FREE Webinar

*Safe Routes to School: What is it and how can it benefit schools, student safety and communities*

Monday, March 2, 2015

3:30-4:30pm

Join the California Department of Public Health’s California Walk to School Headquarters, for this free webinar where school and district staff, parent volunteers and local health departments can understand the Safe Routes to School (SRTS) movement within the school environment and how it can benefit schools and improve student safety.

Webinar participants will learn:
- The basics and benefits of SRTS.
- Where to begin, who to partner with and how.
- SRTS strategies, activities and tools.
- How to sustain SRTS efforts over time through policies.

REGISTER HERE:
[https://attendee.gotowebinar.com/register/7765587108479527426](https://attendee.gotowebinar.com/register/7765587108479527426)
Thank you!!

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