Bicycle Clubs

Arlete Hodel

SACOG Conference
February 17, 2015
Auburn Elementary Bike Club
Grades 4-5 (3-8)
October 2014-present
Leroy Greene Academy Bike Club
grades 6-10 (this year)
Nov 2013-present
What can a bike club offer?

What can a bike club offer?

• Bicycle driving skills taught by an LCI
Essential Skills

1. Safety: helmet, bicycle, clothing
2. Power starts, controlled stops, scanning
3. Hand signals
4. Lane positioning, changing lane position
5. Intersections: going straight, turning right or left, alternate choices
6. Group riding and etiquette

Ride safely in the street with the flow of traffic following the Rules of the Road.
What can a bike club offer?

- Regular meetings
What can a bike club offer?

- Club rides

Jan 26, 2015

Feb 17, 2014
LGA Club Rides
2014

- Feb 5: 5 miles, mostly bike paths, Jeopardy game at Heritage Oak Grove, ice cream, teach/practice left turn at lighted intersection, civics lesson: looking for hazards

- Mar 15: 12 miles, bike paths & streets, visit Natomas Bike Shop, analyze/execute U-turn at major intersection, hamburgers in BUSY shopping center

- Apr: 14 miles, bike paths & streets, to Old Sacramento, visit Practical Cycle, candy shopping, lunch, ride to Raley Field, Miller Park, South Sacramento River Trail

- May 23: 23 miles, Capitol Corridor train to Davis, Loopalooza event in Davis
What can a bike club offer?

- Leadership and Community Service opportunities
  
  Serve as role models
  Club captain
  Lead a portion of club ride

**Multicultural Night @ LGA - Smoothie Bike - Feb 20**

**May is Bike Month:**
**Bike to School Day @ Auburn Elementary - May 6**
**Bike Rodeo @ Auburn Elementary - Family Fun Night - May 20**

Bike Trains
Fundraising: simple repairs, delivery service, **smoothie bike**
What can a bike club offer?

- Civics Lessons and Community Action

Feb 17, 2014
By November 2014:

Bike trail now equal to City Class 1 Bikeway

Improvement approximately = $15,000
Successes
Leroy Greene Academy

• Year 2: grades 6-10
• WorkAbility Project
• Staff Advisor
• Enthusiastic students
  - planning next Community Action
  - slideshow advertising at lunch in cafeteria
Successes
Auburn Elementary

- Staff Advisor Luke Brownell
- Principal Sam Schug
- Grades 4-5 (but serving grades 3-8)
- TWO parent volunteers at EVERY club meeting
- longer to build up skill level, more practice needed
- soon: short safe ride into immediate community
- planned: 4-mile ride on two-lane road, crossing Hwy 49 at a lighted intersection
What might hold a bicycle club back?

- staff advisor
- funding
- properly-worded waivers, getting approval

Speak up. Ask.
What might hold a student back?

- Time: after-school activities, homework, support from parent
- Cool Factor: LGA
- “I don’t know how to ride.”
- “I don’t have a bike.”
- “My bike is broken.”
- “I can’t afford to go on a club ride.”
- Fear? “You ride too fast.” “This was really scary.” Worried parents.

Speak up. Ask.
How does a bicycle club sustain Safe Routes to School?

- Educating students
- Students are engaged in educating others and promoting club activities
- Additional sources of funding: local churches, banks, etc.
- Staff advisors: expanding skills, may coach the club in the future
Testimonials from the Bicycle Garden
We’ve learned so many signals!

I learned you to pedal.

Bike Club Rocks!

Bike Club is really cool!!

I learned the bike parts!!

It makes you better at biking.

It’s so fun.

You learn and have fun.

There are a lot of fun drills!
and from

Leroy Greene Academy:

May 4

Loopalooza in Davis