



**MAYISBIKEMONTH.COM**

## **MEDIA ADVISORY**

**FOR IMMEDIATE RELEASE**  
**May 17, 2011**

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### **LOCAL ACTIVITIES FOR BIKE TO WORK DAY—THURSDAY, MAY 19**

*Local residents have logged nearly 600,000 miles since May 1*

**Who:** Over 6,000 people across the Sacramento region are logging bicycle miles this month. This Thursday, even more individuals across the region will participate in Bike to Work Day. Honorary co-chairs West Sacramento Mayor Christopher Cabaldon and Safe Kids Coordinator Sonja Atkins will join hundreds of bicyclists at events across the region celebrating May is Bike Month.

**What:** Several morning rides and energizer stations, and a large lunchtime event at the Capitol.

### **Thursday, May 19**

#### ***Breakfasts and Energizer Stations***

- 6:30 to 9:30 a.m. – **West Sacramento Energizer Station**, 1075 West Capitol Avenue
- 6:30 to 9:30 a.m. – **Hagan Park Energizer Station**, 2197 Chase Drive, Rancho Cordova
- 7 to 9 a.m. – **10<sup>th</sup> Street Energizer Station**, State Capitol, Sacramento
- 7 to 9 a.m. – **21<sup>st</sup> Avenue & Stockton Boulevard**, 200 Stockton Boulevard, Sacramento
- 7:30 to 9 a.m. – **McClellan Park Breakfast**, 3410 Westover Street, McClellan
- 7:30 a.m. – **City of Folsom Mayor's Ride to State Capitol**, 705 Gold Lake Drive, Folsom
- 8:30 to 11 a.m. – **North Natomas Ride to BikeFest**, Power Balance Pavilion at Truxel
- 3:45 to 5:45 p.m. – **Guy West Bridge Energizer Station**, Sacramento State

#### ***Capitol BikeFest*** – 11 a.m. to 1 p.m. – West Steps, State Capitol

Bicyclists will join together at the State Capitol for prizes, giveaways and bike-related fun. Anyone with a printout from **mayisbikemonth.com** showing their miles logged is eligible to get a t-shirt, fruit freeze and raffle ticket for a new commuter bike. Also featuring bike shops and groups, valet parking and safety checks. Details: 916.321.9000.

**Why:** Sixth annual May is Bike Month to get people on bikes for the first time, as well as encourage regular bicyclists to keep it up. Regional goal of 2 million miles logged in May. **Mayisbikemonth.com** features a bicycle trip planner, discounts, safety information and more.

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