



Sacramento Region

FOR IMMEDIATE RELEASE
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Sacramento Region
Travel Info

REGION LOGS OVER 926,000 MILES IN MAY *Awards & Finale at River Walk in West Sacramento June 14*

SACRAMENTO - The Sacramento region's campaign to encourage bicycling finished with 926,638 miles logged on the website by 4,791 bicyclists. Throughout the month of May, bicyclists young and old were encouraged to challenge friends, family, co-workers and themselves to pledge miles. In 2006, the region logged 627,593 miles. The 2007 total represents a 68% increase in bicycle miles for May over last year.

"People across the region are finding out how easy and enjoyable bicycling can be for going to the store, getting to work, or just for fun. By continuing to bike year-round, we can save the planet, get in great shape, enjoy the great spaces and places our communities have to offer, prevent asthma, and have fun doing it." said honorary co-chair and West Sacramento Mayor Christopher Cabaldon.

Next Thursday, June 14 the region will celebrate a successful Bike Commute Month with a Finale event at River Walk Park in West Sacramento from 3:30-6:00 p.m.

River Walk Park is just north of the Tower Bridge, between the Ziggurat Building and the Sacramento River, across from Old Sacramento. Highlights include:

- Bicycle polo – watch or join in this exciting new sport
- Merlino's Freezes, popcorn, ice cream
- Live music
- Prize drawings
- Information from bike shops, clubs and organizations
- Free bicycle safety checks
- Information on clean air transportation
- Clean fuel vehicles
- Health and wellness information
- Free bike valet parking

At 5:00 p.m., the results and winners of the Million Mile Challenge will be announced and regional awards will be presented to Cyclist of the Year, Cycling Advocate of the Year, Student Cyclist and Bike Friendly Employer.

This will be a great event for family or co-workers, and is accessible by bike or car.

Bike Commute Month is coordinated by the Sacramento Area Council of Governments and the region's transportation management associations and organizations. For more information visit www.bikecommutemonth.com or call (916) 321-9000.

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