



FOR IMMEDIATE RELEASE
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MILLION MILE MAY WITHIN REACH
Bike Commute Month in its last week

The Sacramento Region is encouraged to keep cycling towards the goal of a Million Mile May during the last week of the month. Already, over 975,000 miles have been pledged. Currently 4,450 cyclists have logged over 660,000 miles, already exceeding last year's total miles. In order to reach the million mile mark the region needs to log another 340,000 miles which is only 13 miles per day for each registered participant for the remaining 6 days of May.

The region—which includes El Dorado, Placer, Sacramento, Sutter, Yolo and Yuba counties—is home to many bicycle-friendly communities and regional trails. Bike Commute Month is for anyone who uses a bike to commute, run errands, or for exercise. No matter how frequently you ride, logging miles at www.bikecommutemonth.com will help the region reach a collective goal of one million miles.

Cyclists are encouraged to log any miles ridden during May and to make an increased effort to bicycle to work, to school, for errands or just for fun during the last week of Bike Commute Month. We still need to get the word out to cyclists and potential cyclists to give bicycle riding a try and to log their miles in an effort to reach our million mile goal.

"Together we can save the planet, get in great shape, enjoy the great spaces and places our communities have to offer, prevent asthma, and have fun doing it," said West Sacramento Mayor Christopher Cabaldon, honorary Bike Commute Month co-chair.

Honorary co-chair and Sacramento Councilmember Steve Cohn added: "What better way to exercise, have fun with family and friends, enjoy our beautiful spring weather, and arrive at work energized, while your cycling miles count towards our goal of one million miles for the region."

On Thursday, June 14, the campaign concludes with a celebration at River Walk in West Sacramento from 3:30-6:00 p.m. Live music, local vendors and other entertainment will be on hand as well as the presentation of the regional bicycle awards.

Bike Commute Month is coordinated by the Sacramento Area Council of Governments and the region's transportation management associations and organizations. For more information about the Sacramento Region Bike Commute Month, please visit www.bikecommutemonth.com or call (916) 321-9000.

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Sacramento Region
Travel Info



Regional Rideshare
Partnership

Sacramento Area Council of Governments • Caltrans • City of Elk Grove • City of Roseville • El Dorado County Transportation Commission • 50 Corridor Transportation Management Association • McClinton Park TMA • North Natomas TMA • Placer County Transportation Planning Agency • Point West TMA • Power Inn Business and Transportation Association • Sacramento TMA • South Natomas TMA • Yolo TMA • Yuba-Sutter TMA



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