



FOR IMMEDIATE RELEASE  
May 1, 2007

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Sacramento Region  
Travel Info

SACRAMENTO REGION BIKE COMMUTE MONTH 2007 EVENTS

The Sacramento region is gearing up for a month-long celebration of bicycling and the collective challenge of riding one million miles.

May is Bike Commute Month with events throughout the region promoting bicycling. Everyone is encouraged to log their bicycling miles at [www.bikecommutemonth.com](http://www.bikecommutemonth.com). Every mile counts, whether for commute, recreation or errands.

The following is a list of local and regional events:

**Wednesday, May 2 – Noon to 1:00 p.m.**  
**Smart Cycling Seminar**

Hewlett-Packard, Building R4, Garden Suite A, 8000 Foothills Boulevard, Roseville

*Free class taught by League of American Bicyclists-certified instructors covering the benefits of bicycling, necessary accessories, safe and effective techniques, route planning and how to participate in Bike Commute Month. Raffles prizes are awarded at each class, and bicycles are not needed at this training. Participants should bring their own lunch; drinks and dessert are provided. RSVP: Jo Shields at (916) 785-1940 or [jo.shields@hp.com](mailto:jo.shields@hp.com).*

**Wednesday, May 3 – Noon to 1:00 p.m.**  
**Smart Cycling Seminar**

Roseville Civic Center, Meeting Rooms 1 & 2, 311 Vernon Street, Roseville

*Free class taught by League of American Bicyclists-certified instructors covering the benefits of bicycling, necessary accessories, safe and effective techniques, route planning and how to participate in Bike Commute Month. Raffles prizes are awarded at each class, and bicycles are not needed at this training. Participants should bring their own lunch; drinks and dessert are provided. RSVP: Michael Dour (916) 746-1304 or [mdour@roseville.ca.us](mailto:mdour@roseville.ca.us).*

**Saturday, May 5 – 8:00 to 9:00 a.m. preview, 9:00 a.m. auction**  
**UC Davis Bike Auction**

UC Davis West Entry Parking Structure, Hutchison Drive & N. Dairy Road, Davis

*Over 400 bikes of various types, conditions, makes. Mostly "fixer-uppers". Good source of "beater bikes", older cruisers, 10-speeds, 3-speeds, lower end mountain bikes. Cash or checks accepted, all items sold "as is, where is". For more information contact UC Davis Transportation & Parking Services at (530) 752-2453 or visit [www.taps.ucdavis.edu/bicycle/general/auction.html](http://www.taps.ucdavis.edu/bicycle/general/auction.html)*

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Regional Rideshare  
Partnership

Sacramento Area Council of Governments • Caltrans • City of Elk Grove • City of Roseville • El Dorado County Transportation Commission • 50 Corridor Transportation Management Association • McClellan Park TMA • North Natomas TMA • Placer County Transportation Planning Agency • Point West TMA • Power Inn Business and Transportation Association • Sacramento TMA • South Natomas TMA • Yolo TMA • Yuba-Sutter TMA



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**UC DAVIS**

TRANSPORTATION AND PARKING SERVICES



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SACRAMENTO METROPOLITAN

AIR QUALITY  
MANAGEMENT DISTRICT



**Wednesday, May 9 – 6:30 to 8:30 a.m.  
Bike-to-Work Breakfast**

West Sacramento City Hall, 1110 W. Capitol Avenue, West Sacramento

*For more information, contact the Yolo Transportation Management Association (TMA) at (530) 669-1446 or log onto [www.yolotma.org](http://www.yolotma.org)*

**Saturday, May 12 – 10:00 a.m. to noon  
Shop-by-Bike**

Rotary Park, Winters

*For more information, contact the Yolo Transportation Management Association (TMA) at (530) 669-1446 or log onto [www.yolotma.org](http://www.yolotma.org).*

**Wednesday, May 16 – 7:00 to 9:00 a.m.  
Bike-to-Work Breakfast**

Central Park, 4<sup>th</sup> and C streets, Davis

*For more information, contact the Yolo Transportation Management Association (TMA) at (530) 669-1446 or log onto [www.yolotma.org](http://www.yolotma.org).*

**Thursday, May 17 – 11 a.m. to 1 p.m.  
Capitol Bike Fest**

State Capitol, West Steps

*Prizes, music and information on bicycling and other transportation modes. Grand prizes are three Breezer folding bicycles. For more information, contact the Sacramento Transportation Management Association (TMA) at (916) 737-1513 or log onto [www.sacramento-tma.org](http://www.sacramento-tma.org).*

**Thursday, May 17 - Bike-to-Work Day**

**Energizer stations around the region will provide support to cyclists at various locations:**

6 a.m. – 10 a.m. – County Regional Parks will offer free parking to cyclists at the following American River Parkway Locations: Lower Sunrise, Sacramento Bar, William Pond and Watt Avenue. Cyclists can pick up complimentary coffee, juice and bagels. For more information call (916) 875-6672.

6:15 – 6:45; 9:30 – 10:00 a.m. – Breakfasts sponsored by the North Natomas TMA at Tanzanite Park & Airport Road and DUckhorn and San Juan

6:30 – 8 a.m. - Caltrans District 3 at the Yolo Causeway, Discovery Park, and Tower Bridge

7 – 9 a.m. – Caltrans will have an Energizer Station in front of the Capitol

6 – 10 a.m. – Elk Grove City Hall at the corner of Laguna Springs Drive @ Laguna Palms Way

5 – 9 p.m. – Yolo TMA Bicycle Booth at Celebrate Davis!, Community Park, 14 & F streets

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**Thursday, May 17, 2007 – Bicyclists Ride RT & Elk Grove Transit Free All day**

In celebration of Bike-to-Work (& Everywhere!) Day, Sacramento Regional Transit and Elk Grove Transit (e-tran) are offering FREE rides to bicyclists on all bus and light rail vehicles on Thursday, May 17, 2007. By taking transit in combination with cycling, just think of all the places you can go: work, school, shopping and more. For more information on Regional Transit visit [www.sacrt.com](http://www.sacrt.com) and select "Biking with RT", or call (916) 321-BUSS. For information on e-tran visit [www.e-tran.org](http://www.e-tran.org) or call 68E-TRAN.

**Friday, May 18 – Noon to 1 p.m.  
50 Corridor Cyclists' Lunch**

Folsom Historic District Light Rail Station to Folsom City Park (Stafford and Natoma streets)

*Ride starts at noon sharp from Folsom Historic District light rail station with free lunch and festivities immediately following at Folsom City Park for cyclists who live or work along the 50 Corridor. For more information, contact the 50 Corridor Transportation Management Association (TMA) at (916) 899-7902 or log on to [www.50corridor.com](http://www.50corridor.com).*

**Thursday, June 14 – 3:30 to 6:30 p.m.  
Regional Million Mile May Finale**

RiverWalk in West Sacramento

Live music. Prize drawings. At 5:30 p.m. the results and winners of the Million Mile May Challenge will be announced.

Regional Awards will be presented to Cyclist of the Year, Cycling Advocate of the Year, and Bike Friendly Employer of 2007. Make this a family outing or bring your work buddies to this fun biking event.

For more information, visit [www.bikecommutemonth.com](http://www.bikecommutemonth.com) or call (916) 321-9000.

After the Finale, the RiverCats June 14<sup>th</sup> home game is sponsored by Bike Commute Month. Cyclists, and their families, with tickets will join the party on the lawn at the game.

For more information about Sacramento Region Bike Commute Month or the Million Mile May Challenge please visit [www.bikecommutemonth.com](http://www.bikecommutemonth.com) or call (916) 321-9000.

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