



FOR IMMEDIATE RELEASE
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Sacramento Region
Travel Info

SACRAMENTO REGION BIKE COMMUTE MONTH 2007 EVENTS

The Sacramento region is gearing up for a month-long celebration of bicycling and the collective challenge of riding one million miles.

May is Bike Commute Month with events throughout the region promoting bicycling. Everyone is encouraged to log their bicycling miles at www.bikecommutemonth.com. Every mile counts, whether for commute, recreation or errands.

The following is a list of local and regional events:

Saturday, April 28 – 9 to 11 a.m.
Energizer Stations

Along the American River Bike Trail Guy West Bridge near Sac State. Nimbus at the Hatchery, Negro Bar, and Haggin Community Park in Rancho Cordova.

Get a free t-shirt, water and cookies at one of our Energizer Stations. For more information on the station nearest you, visit www.bikecommutemonth.com or call (916) 321-9000.

Tuesday, May 1 – 11:30 a.m. to 1 p.m.
Million-Mile May Kick-off Press Conference & Ride

St. Rose of Lima Park, 7th & K Streets, Sacramento

Cyclists from businesses, schools and government agencies will join elected officials and business leaders to issue the regional challenge to bike one million miles in May. For more information, contact Rebecca Thornton Sloan at (916) 321-9000.

Immediately following the press conference, two group rides will depart, organized by the Sacramento Area Bicycle Advocates. The guided rides will showcase local bicycle trails. The short ride (less than ten miles) will head north to the new Two Rivers Trail and head back into town via Old Sacramento. The longer ride (about 20 miles) will head up to the new Ueda Parkway Bike Trail.

Both rides will end at 11th and K streets, at the California Bicycle Coalition vendor fair. For more information, contact Walt Seifert at SABA, (916) 444-6600.

Thursday, May 17 – 11 a.m. to 1 p.m.
Capitol Bike Fest

State Capitol, West Steps

Prizes, music and information on bicycling and other transportation modes. Grand prizes are three Breezer folding bicycles. For more information, contact the Sacramento Transportation Management Association (TMA) at (916) 737-1513.

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Regional Rideshare
Partnership

Sacramento Area Council of Governments • Caltrans • City of Elk Grove • City of Roseville • El Dorado County Transportation Commission • 50 Corridor Transportation Management Association • McClellan Park TMA • North Natomas TMA • Placer County Transportation Planning Agency • Point West TMA • Power Inn Business and Transportation Association • Sacramento TMA • South Natomas TMA • Yolo TMA • Yuba-Sutter TMA



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AIR QUALITY
MANAGEMENT DISTRICT



Thursday, May 17 - Bike-to-Work Day

Energizer stations around the region will provide support to cyclists at various locations:

6 a.m. – 10 a.m. – County Regional Parks will offer free parking to cyclists at the following American River Parkway Locations: Lower Sunrise, Sacramento Bar, William Pond and Watt Avenue. Cyclists can pick up complimentary coffee, juice and bagels.

6:30 – 8 a.m. - Caltrans District 3 at the Yolo Causeway, Discovery Park, and Tower Bridge

7 – 9 a.m. Caltrans will have an Energizer Station in front of the Capitol

6 – 10 a.m. Elk Grove City Hall at the corner of Laguna Springs Drive @ Laguna Palms Way

Friday, May 18 – Noon to 1 p.m.

50 Corridor Cyclists' Lunch

Folsom Community Park

Free lunch for cyclists who live or work along the 50 Corridor. For more information, contact the 50 Corridor Transportation Management Association (TMA) at (916) 899-7902 or log on to www.50corridor.com.

Thursday, June 14 – 3:30 to 6:30 p.m.

Regional Million Mile May Finale

RiverWalk in West Sacramento

Live music. Prize drawings. At 5:30 p.m. the results and winners of the Million Mile May Challenge will be announced.

Regional Awards will be presented to Cyclist of the Year, Cycling Advocate of the Year, and Bike Friendly Employer of 2007. Make this a family outing or bring your work buddies to this fun biking event.

For more information, visit www.bikecommutemonth.com or call (916) 321-9000.

After the Finale, the RiverCats June 14th home game is sponsored by Bike Commute Month. Cyclists, and their families, with tickets will join the party on the lawn at the game.

For more information about Sacramento Region Bike Commute Month or the Million Mile May Challenge please visit www.bikecommutemonth.com or call (916) 321-9000.

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